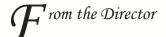
Dear Friends and Sup
Your continued support the Women's Reso



porters,

ort of this Annual Journal and above all your support ource Center's Mission, enables our dedicated and expert staff to offer support, safety and healing to the over 1500 women, children and men who seek our services annually. Your involvement in this year's Journal and the advertisements that fill these pages provide the WRC with the unrestricted funds needed to fill some of the gaps between grant funding and victims' needs.

As we continue our work to END domestic and sexual violence, we are thrilled to announce that the WRC's Enough is Enough grant to address ending sexual and domestic violence on college campuses has been extended for another two years! The WRC program staff has worked tirelessly over the last year to engage both Westchester Community College and PACE University in this project. The goals of Enough is Enough are to engage the students and staff in developing a culture of anti-violence on campuses; and to assist the administration in their compliance with Title IX requirements including access to sexual assault services following an assault.

Our staff has provided anti-violence training for all college athletes at PACE University as well as student groups and the student body at Westchester Community College through the Women's Student Union. These next three years will see the enculturation of anti-violence policies and procedures for all students and staff that will enable the colleges to embrace a culture of anti-violence and the development of a safe and supportive environment for all students.

Thank you again for taking a stand against all intimate partner violence and supporting the work of the Women's Resource Center.

Peace,

Ann E. Ellsworth Executive Director

am & Ellsworth

Putnam/Northern Westchester Women's Resource Center

Mission

To provide advocacy, education and services to the community in order to create a safe, supportive environment that eliminates violence against women and children and promotes gender equality.

Our Vision

The *Putnam/Northern Westchester Women's Resource Center* envisions a united community assertively intolerant of all violence; a community that is educated in the intricate ways that power can be abused; a community that values all of its members and respects their rights and their diversity; a community where women are safe in their homes, in their work places, and on our streets; a community where children are safe in their schools, in their homes, and among their peers; a community where children are respected, valued and provided the support needed to become productive, fulfilled adults.

The *Putnam/Northern Westchester Women's Resource Center* envisions a community that protects, values and enables all its citizens, regardless of gender, to develop their own voice and to reach their full potential; a community that values both women and men equally for their self assurance, inner strength and self respect; a community where all resources are equally available to women and men.

The *Putnam/Northern Westchester Women's Resource Center* envisions a community where women and men are working side-by-side to reach these goals; a community where law enforcement and the legal system promote the achievement of these goals; a community where the resources to attain these goals are available and accessible to all.

Putnam/Northern Westchester Women's Resource Center

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Our Organization

The *Putnam/Northern Westchester Women's Resource Center* is recognized and well regarded in the community for its unique work in providing services, resources and leadership in the areas of sexual abuse, domestic violence and gender equality.

We fulfill our mission through both individual efforts and strategic partnerships with other organizations. We encourage and support interactive learning and shared decision making among all levels of the organization. We are constantly challenging ourselves to meet the ever-changing needs of the community.

WRC continues to expand its financial and human resources, both volunteer and paid staff, to enable the agency to meet client needs. Our knowledgeable and diverse staff is recognized for their accessibility, responsiveness and professionalism.

Our facilities provide a welcoming and comfortable environment for our clients, staff, students and volunteers. Our shelter is able to provide adequate space for all women and their children in our community who are seeking safety.

Our Board of Directors is actively involved in providing leadership to our organization, and is, appropriately, representative of our community.



Providing service to women, children, men and families who are victims of domestic violence and sexual assault.

Women's Resource Center Staff

Executive Director

Ann E. Ellsworth, LCSW

Associate Executive Director
Anne Nadig, LCSW

Clinical Director

Dorinda Cataldo, MSW, LCSW

Rape Crisis/ SANE Coordinator Max Cutler, LMSW

*Children's Therapist*Rosa Montemarano, LMSW

Child/Adolescent Therapist Christina Barnard, LMSW

Domestic V iolence Social Worker Kelly Verdibello, MS/MFT

Bi-Lingual Trauma TherapistMaydeline Morales, MHC/MSP

Advocates, Volunteer Community Outreach Education Staff

Victim Advocate/ Supervisor Courtney Straface, MSCJ

Bi-Lingual Victim Advocate Sandy Sola

Victim Advocate/ Community Outreach Jessica Grainger, MACJ

Domestic Violence Victim Advocate Madeline Rivera

Community Educator/ Volunteer Coordinator Jesse Zayas

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Community Outreach/ Clinical Support Staff Ashley Retta, MSW

WRC Support Staff

Taylor Adams Doug McKim

Women's Resource Center Shelter Staff

Shelter Director

Jeannette Lennox

Case Managers

Gabrielle Zanne Barbara O'Neill

Shelter Social Worker

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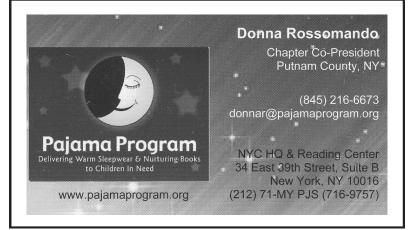
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MHA in Putnam County proudly supports the work of the Women's Resource Center

Call MHA in Putnam at (845) 278-7600 for information, referrals and support services or visit our website at www.mhaputnam.org







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Putnam County Service Network Award Recipient

Dorinda Cataldo, Clinical Director Putnam/Northern Westchester Women's Resource Center



Dorinda received the Putnam County Service Network 2017 Professional Career Recognition Award.

For over 30 years, Dorinda has worked tirelessly in Putnam County to provide assistance to those who have experienced trauma.

She participates in multiple community coalitions and task forces within the county. Her expertise in clinical work and individual group therapy has provided the community with skilled, compassionate social workers and clinicians to serve those most vulnerable.

Dorinda serves the community providing confidential clinical service and advocacy to victims of domestic violence, sexual assault and child abuse.

The Putnam/Northern Westchester Women's Resource Center is truly proud to have Dorinda as part of the team.

Congratulations...Dorinda!!!

OUR DOMESTIC VIOLENCE PROGRAM

Offers Services to Adults, Adolescents, Children & Families

- * <u>24 Hour Crisis Hotline</u> provides the caller with crisis intervention, safety planning and referrals to community resources.
- * <u>Residential Shelter</u> provides safe residential services for anyone needing immediate shelter from the abuser.
- * Advocacy within Community Service Systems provides information and advocacy of resources available outside the agency.
- *Court Advocacy assists victims with obtaining legal support regarding: orders of protection, custody, child support, and divorce.
- * Individual & Group Counseling counseling services are offered to adults and children experiencing intimate partner violence.
- * <u>Support Groups</u> group counseling sessions are available for adults, adolescents, and children.
- * <u>Legal Referrals</u> offering a legal clinic with attorneys to discuss topics such as: divorce, orders of protection, finance etc.

<u>OUR SEXUAL ASSAULT PROGRAM</u>

- * <u>24 Hour Hotline</u> provides the caller with crisis intervention and community and medical resources available.
- * <u>Sexual Assault Advocacy</u> provides the victim with an advocate during emergency treatment.
- * Sexual Assault Nurse Examiner (SANE)

<u>Program</u> - offers the victim a registered forensic nurse specifically trained to provide a medical/forensic examination to sexual assault victims.

* Individual and Group Counseling - available for victims of sexual assault.







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SANE Program

The Putnam/Northern Westchester Women's Resource Center

acknowledges with great appreciation the Sexual Assault Nurse Examiners who are on-call for the <u>SANE Program</u> to provide medical services and emotional support for survivors of rape and sexual assault.

Jennifer Getler, RN
Meghan King, RN
Kristen Nelson, RN
Connie Nugent, RN
Barbara Rome, RN, SANE-A
Joanne Schmid-Regan, RN
Cindy Sherwood, RN
Jossette Smith, RN

SANE Advocates:

Chloe Barron
Ashley Retta
Janet Flemming
Wendy Gaspar-Gil
Linda Kurtz
Samantha Langan
Anita McElroy

Kayla Moran Courtney Straface Nicole Strazza Claire Owens Kelsey Uebrall Mary Wagner



Volunteer Support

Our volunteers are part of the fabric of the important work that we do. The Women's Resource Center is very grateful for their generosity and compassion.

> Carmela Argent Maria Castriota Linda Kurtz Rose Restucci Margaret Nicholson Mary Wagner



With sincere gratitude to Rose Restucci for the many years of support she has shown the WRC, as both an friend and as a leader of the Somers Women's Club. Your smile, compassion, and generosity go a long way.

The WRC is also grateful for all the charitable donations made by the members of the Somers Women's Club.

Putnam Northern Westchester Women Resource Center

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Adopt A Family Program

Each year, the families we serve are overwhelmed by the generosity of so many of our donors. Our Adopt A Family Program matches donors and families together to create an opportunity for the families to celebrate the holiday season.

The Putnam/Northern Westchester Women's Resource Center and the families touched by the spirit of giving are very grateful to the following people, families, and companies:

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Mary Wagner & Joanne Mazzio

The Putnam/Northern Westchester
Women's Resource Center
is grateful for the opportunity to work
with individuals, business leaders and organizations who
meet the needs of women, men, children and families
in our community through their leadership and support.

Brewster Rotary Carmel High School Athletic Dept. Carmel High School Students Alexandra Storen & Lindsey Broderick Church of Good Shepherd **Comfort Quilts** Daughters of the American Revolution — **Enoch Crosby Chapter** Lucy DeFeo, Pajama Program Carl DePola, Baldwin Farms Lois & George Dieter EnerShe Fitness Marie Frenkel, Dreamstyle Kitchens and Baths Ieanne & Bill Frumkin Eagle Eye Thrift Shop Cruskaia Albert-Hall, DualSky Yoga

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The Staff of the
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Holiday Time at the Women's Resource Center

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Gift baskets donated by the Somers Women's Club





A Toy drive held by Putnam Valley Elementary School



Easter Baskets donated by: Alyssa Mattera and the Daughters of the American Revolution



Alexandra Storen and Lindsey Broderick, students from Carmel High School, held a personal hygiene drive for our agency.





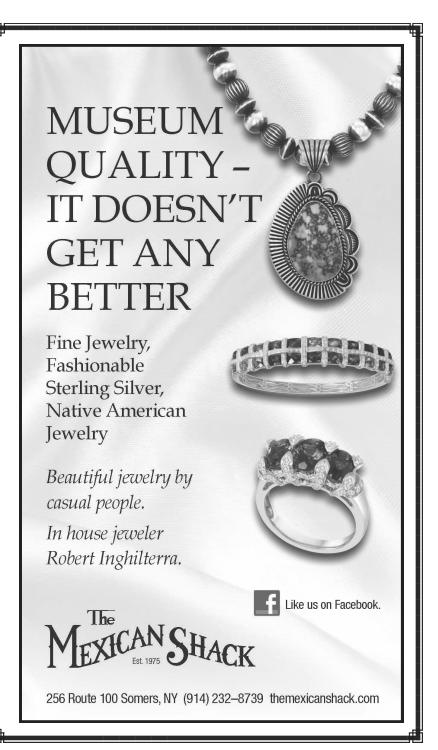
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The Putnam/Northern Westchester Women's Resource Center Was proud to be Nissan of Yorktown's Charity of the month.

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Be sure to visit the restaurants that participated in our 2017 Restaurant Raffle. We thank them for their participation.



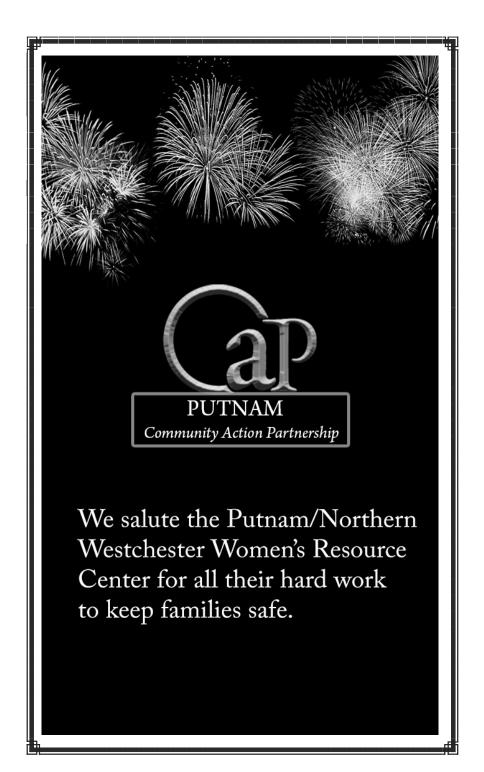
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As acts of terror and aggression escalate in cities, towns and villages around the world, the Putnam/Northern Westchester Women's Resource Center continues to ground our community and provide safe harbor to families in crisis. Executive Director, Ann Ellsworth, her Board of Directors, talented staff and volunteers are to be commended for their heroic efforts to end domestic violence.

The Women's Resource Center is a deeply appreciated resource in Putnam County, as well as a constant reminder that peace in the world begins with peace in the home.

> MaryEllen Odell Putnam County Executive



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Thyme Restaurant, Cortlandt Manor Traditions 118 Restaurant, Granite Springs



Wine A. Brew

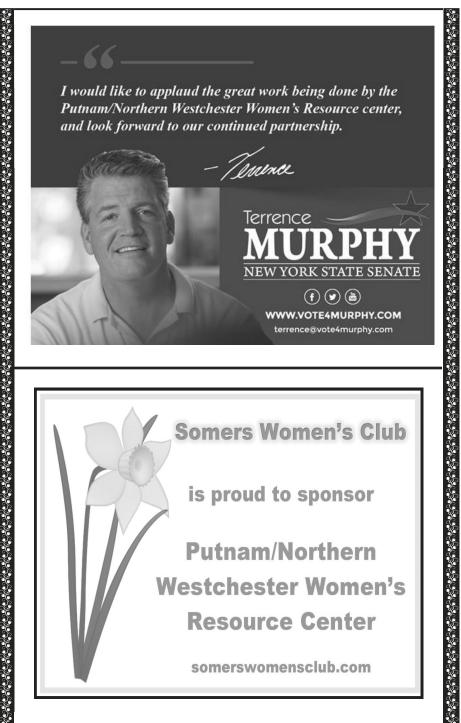
Brotherhood, America's Oldest Winery, Washingtonville Bull & Barrel Brewery, Brewster **D. Bertoline & Sons Inc.**, Peekskill Dylan's Wine Cellar, Peekskill Hardscrabble Cider. North Salem KAS Spirits, LLC, Mahopac The Peekskill Brewery, Peekskill Sterling Cellars Wine Merchant Wine & Liquor, Mahopac Warwick Valley Winery & Distillery, Warwick Whitecliff Vineyards, Gardiner



The talent and generosity of these floral design specialists decorate our gala event year after year.

The Brewster Flower Garden, Brewster Flower Boutique, Mahopac Forever Yours Flowers & Gifts, Peekskill Mahopac Flower Shop, Mahopac Putnam Valley Florist, Putnam Valley Whispering Pine Garden Center & Florist, Mahopac







Continued...

WHAT IS SEXUAL ASSAULT? Sexual Assault is a crime motivated by a need to control, humiliate and harm. Perpetrators use sexual assault as a weapon to hurt and dominate others. Sexual assault is forced or coerced sexual contact without consent.

Consent is the presence of a clear yes, not the absence of a no.

Sexual Assault can take the form of:

- Rape
- Incest
- Child Sexual Abuse/Molestation
- Oral sex
- Harassment
- Exposing/flashing
- Forcing a person to pose for sexual pictures
- Fondling or unwanted sexual touching above and under clothing
- Force which may include but is not limited to:

Use or display of a weapon

Physical battering

Immobilization of the victim



For more information contact the Putnam/Northern Westchester Women's Resource Center.

nomore.org/resources

The Putnam/Northern Westchester Women's Resource Center is proud to have the support of the many businesses and individuals who so generously donated to our silent auction and raffles. Thank you!

Aires Freundlich, Terra Jewelry Design

Aljan Jewelers, Ltd.

American Museum of Natural History

Angelface Day Spa Anne Koplik Designs Arthur Weeks Jewelry

Boscobel Restoration, Inc.

Caramoor Center for

Music and the Arts

Carolee, LUX Clarins Club Fit

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Susan Shakian US Tennis Association

Warwick Valley Winery & Distillery

The Winery at St George Yellow Shed Antiques Yorktown Stage

Michelle Abate Ellen Lever Judy Margiotta & Joe Coiro Dr. Ralph & Eleanor Small Joseph I. Tock

Susan Petricini

Types of ABUSE

Abuse comes in many forms.



Emotional/Verbal abuse Non-physical behaviors such as threats, insults, screaming, constant monitoring, or isolation.



Financial abuse

Exerting power and control over a partner through their finances, such as taking or withholding money from a partner, or prohibiting a partner from earning



Being repeatedly watched, followed, monitored or harassed. Occurs online or in person, & can include giving unwanted gifts.



Physical abuse

any intentional use of hysical touch to cause fear, injury, or assert control, such as hitting, shoving, & strangling.



Sexual abuse

Any sexual activity that occurs without willing, active, unimpaired consent, such as unwanted sexual touch, sexual assault (rape), & tampering with contraceptives



Digital abuse

Using technology to bully, stalk, threaten or intimidate a partner using texting, social media, apps, tracking, etc.



Domestic Violence and Sexual Assault

KNOW THE FACTS

- · 1 in 3 women and 1 in 4 men experience violence from their partners in their lifetimes.
- · 1 in 3 teens experience sexual or physical abuse or threats from a boyfriend or girlfriend in one year.
- · 1 in 5 women are survivors of rape.
- · 1 in 2 women and 1 in 5 men have experienced some form of sexual violence in their lives.
- · 1 in 4 women and 1 in 6 men were sexually abused before the age of 18.

Sources: (1) The National Intimate Partner and Sexual Violence Survey (2010); (2) Liz Claiborne Inc. & Family Violence Prevention Fund (2009); (3) U.S. Centers for Disease Control (2005).

WHAT IS DOMESTIC VIOLENCE?

<u>Domestic Violence</u> is a pattern of behavior used to establish power and control over another person through fear and intimidation, often including the threat or use of violence. Some signs of an abusive relationship include:

- · Exerting strict control (financial, social and/or appearance).
- · Needing constant contact including excessive texts and calls.
- · Emotional abuse including, but not limited to insulting a partner in front of other people.
- · Extreme jealousy.
- · Showing fear around a partner.
- · Isolation from family and friends.
- · Frequent canceling plans at the last minute.
- · Unexplained injuries or explanations that don't quite add up.