

Who We Help

Domestic Violence is a pattern of behavior used to gain power and control over an intimate partner.

**Domestic Violence doesn't discriminate.
It can happen to anyone regardless of race, religion, education, sexual orientation or income.**

All services provided by the Women's Resource Center are free of charge and strictly confidential.

WRC offers services to victims of all types of intimate partner violence including:

Sexual assault, Dating violence, Stalking, Bullying

Forms of Abuse:

- * Physical
- * Emotional (criticizing, name-calling, insults.)
- * Economic (controlling finances, refusing to work.)
- * Psychological (threats of violence, isolation from family and friends, accusations of betrayal.)
- * Sexual (rape or non-consensual sex.)

Signs of Abuse:

For You – Do you...

- * Feel afraid or that you can't do anything right?
- * Get embarrassed by your partners behavior?
- * Believe that you deserve to be hurt or mistreated?
- * Avoid topics or situations out of fear?

Does Your Partner...

- * Humiliate, insult, criticize, or yell at you?
- * Blame you for his/her behavior?
- * Manipulates you through the children?
- * Force you to have sex?
- * Act jealous, possessive or constantly checks on you?
- * Keep you from seeing friends and family?
- * Limits your access to money?
- * Keep you from working or going to school?
- * Threatens to kill you or hurt him/herself?

Does A Friend or Loved One...

- * Have physical injuries?
- * Frequently miss work, school or planned events?
- * Frequently receive calls/texts from their partner?
- * Fear or minimize their partner's behavior?
- * Isolated from friends and family?

Donate

In order to close the gap between expenses, government support and the actual cost of providing services, we invite individuals, foundations and corporations to support the Women's Resource Center through donations and ongoing fundraising activities.

Donations:

Monetary donations can be made through the Women's Resource Center or our website.

For major gift donations contact the Women's Resource Center. **845-628-9284.**

Gift card donations are welcome to help our families maintain stability during a difficult time.

For additional ways to donate visit our **Wish List** page at www.pnwwrc.org.

Our Funders

- * New York State Office of Victims Services
- * New York State Department of Health
- * New York State Department of Criminal Justice Services
- * New York State Department of Criminal Justice Services Legislative Member Item
- * Putnam County, CAC
- * PACE Women's Justice Center-OVW
- * United Way of Putnam County

Putnam/Northern Westchester



Women's Resource Center

Supporting Those Affected by Domestic Violence and Sexual Assault for over 35 Years



Resource Center hours:

Monday-Friday: 9:30 am-4:30 pm

Walk-in hours:

**Monday - Thursday 9:30 am-4:30 pm
Additional evening hours available**

**935 So. Lake Boulevard, Suite #2
Mahopac, NY. 10541**

Tel: 845.628.9284

Fax: 845.628.9272

**Email: Info@pnwwrc.org
www.pnwwrc.org**

**24-Hour Crisis Hotline
845-628-2166**

Who We Are

Our Mission

The Putnam/Northern Westchester Women's Resource Center (WRC)

is a not for profit organization established to provide advocacy, education and services to the community in order to create a safe, supportive environment that eliminates violence against women and children, and promotes gender equality.

Our History

Established in 1977 and incorporated in 1979, the Putnam/Northern Westchester Women's Resource Center provided information resources, skills workshops and professional counseling to assist women in making informed choices and in working towards their potential.

Programs and services are continually developed to meet community needs and to reflect the needs of all in a changing social environment.

Through residential and non-residential Domestic Violence Programs, we provide healing from the effects of domestic abuse.

Survivors of sexual assault are assisted through confidential forensic rape exams, advocacy, counseling and support. Individuals going through life changing situations are assisted with information, referrals and counseling.

The WRC provides services annually to approximately 2,000 individuals living in Putnam and Northern Westchester County; through shelter, 24-hour Hotline, and non-residential counseling and advocacy.

Our Hotline is your lifeline:
845-628-2166
24-Hours, 7 Days

All services provided by the Women's Resource Center are free of charge and strictly confidential.

Programs & Services

OUR DOMESTIC VIOLENCE PROGRAM

Offers Services to Adults,
Adolescents, Children & Families

- * **24 Hour Crisis Hotline** - provides the caller with crisis intervention, safety planning and referrals to community resources.
- * **Residential Shelter** - provides safe residential services for anyone needing immediate shelter from the abuser.
- * **Advocacy within Community Service Systems** - provides information and advocacy of resources available outside the agency.
- * **Court Advocacy** - assists victims with obtaining legal support regarding: orders of protection, custody, child support, and divorce.
- * **Individual & Group Counseling** - counseling services are offered to adults and children experiencing intimate partner violence.
- * **Support Groups** - group counseling sessions are available for adults, adolescents, and children.
- * **Legal Referrals** - offering a legal clinic with attorneys to discuss topics such as: divorce, orders of protection, finance etc.

OUR SEXUAL ASSAULT PROGRAM

- * **24 Hour Hotline** - provides the caller with crisis intervention and community and medical resources available.
- * **Sexual Assault Advocacy** - provides the victim with an advocate during emergency treatment.
- * **Sexual Assault Nurse Examiner (SANE) Program** - offers the victim a registered forensic nurse specifically trained to provide a medical/forensic examination to sexual assault victims.
- * **Individual and Group Counseling** - available for victims of sexual assault..

How You Can Help

As a not-for-profit organization, volunteers are the fabric of our agency. We rely on our volunteers to carry out our mission and work toward vision of Peace at home.

Volunteer

- * Participate in our Volunteer Program - The agency's professionals will conduct the domestic violence and sexual assault training.
- * Become a Certified Sexual Assault Advocate.
- * Provide advocacy for victims at local hospital.
- * Assist with administrative duties; answering the phones and the crisis hotline, at our center.
- * Volunteer for our fundraising events and awareness raising projects.
- * Volunteer by leading a donation drive and/or awareness raising campaign of your own.
- * **Sexual Assault Nurse Examiner (SANE nurse)** Become a professionally trained SANE nurse.

Intern

The Women's Resource Center offers internship programs for:

- * High School Students
- * College Students * Graduate Students

Community Service available with authorization.

Community Education

Education and knowledge are key components to eradicating domestic and sexual violence.

Community education and outreach programs and workshops are available for:

- * Colleges * Elementary - High Schools
- * Corporate Professionals
- * Healthcare Providers
- * Law Enforcement